

MYTHS VS FACTS OF BREAST CANCER

— 5-10%
MYTH: Breast cancer is an inherited disease.

FACT: Only about 5-10% of breast cancers are believed to be hereditary. The vast majority who get breast cancer have no family history.

weight —
MYTH: Maintaining a healthy weight and lifestyle eliminates the risk of breast cancer.

FACT: While those behaviors can help lower the risk, they do not eliminate it.

average age
MYTH: Only middle-aged and older women get breast cancer.

FACT: Although the average age at the time of breast cancer diagnosis is 62, younger women can and do get breast cancer, as do men.

treatment —
MYTH: All breast cancer is treated the same way.

FACT: Treatment plans are tailored to each patient's needs and vary greatly depending on the stage, characteristics and location of the cancer.